



# JOIN US!



## FOR A FREE AND FUN SERIES OF WORKSHOPS

SIGN UP TODAY!



MAY 5TH: YOGA  
SIGN UP BY MAY 3RD

A seminar for students to learn about the healthy properties of yoga and its history as well as practice together the calming nature of the practice with an instructor.

MAY 25TH: CULINARY  
SIGN UP BY MAY 23RD



An opportunity for students to become familiar with and learn about the many facets of a career in cuisine. Students will also have an opportunity to try a new technique and recipe.



JUNE 2ND: SPOKEN WORD AND SOCIAL JUSTICE  
SIGN UP BY MAY 30TH

A seminar for students to strengthen their ability to identify their inner voice and in a fun creative way, share a story that empowers them.

**WORKSHOPS RUN FROM PERIODS TWO UNTIL THE END OF LUNCH  
SIGN UP IN THE OFFICE TO BE EXCUSED FROM CLASS**

St. Anne's is hosting a local chapter of a Provincial Movement Re:Action4Inclusion. Province wide, youth are putting youth voice and experience at the center of social justice, community change and school culture. With support, provincially and from our community allies, our regional youth-lead initiative is committed to empowering the voices of youth with and without a disability in our school and community. We want to change the way our peers think about disability and to inspire our community to be a space where everyone can benefit from the same opportunities.

WWW.REACTION4INCLUSION.COM